

**WAIVER OF LIABILITY AGREEMENT FOR ALL  
KANGOO CLUB SPRUCE GROVE INC PROGRAMS & CLASSES.**

By signing this form you relinquish your right to bring court action to be compensated for any loss to yourself as well as the right of your personal representative to compensation for the death of the person that signs this agreement.

NAME OF PARTICIPANT \_\_\_\_\_

ADDRESS OF PARTICIPANT \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_

check \_\_\_ YES please i would like to receive emails ,promos,& class info :**Email Address** \_\_\_\_\_

EMERGENCY CONTACT NAME: \_\_\_\_\_ TELEPHONE \_\_\_\_\_

I understand that it is my personal responsibility to consult with my physician prior to my participation in any fitness programs or prior to receiving any instruction at Kangoo Club Spruce Grove Inc. I also understand that if at any time during any fitness programs, or when receiving any instruction, if I feel discomfort or strain it is my responsibility to cease the activity and consult with my physician. I understand that Kangoo Club Spruce Grove Inc reserves the right to refuse admission to anyone that Kangoo Club Spruce Grove Inc think may pose a health risk to themselves or to others. I willingly assume full responsibility for the risks that I am exposing myself to and accept full responsibility for any injury or death that may result from participation in any fitness program provided by the Kangoo Club Spruce Grove Inc. & its instructors.

Medical Questionnaire: Please provide a medical release authorization from your physician if you have any known medical conditions that may affect you during physical activities. Medical release provided \_\_\_\_\_ Date

**SECTION A: CHECK IF YES**

Initials \_\_\_\_\_

High Blood Pressure \_\_\_ High Cholesterol \_\_\_ CigaretteSmoking \_\_\_ Diabetes \_\_\_ Stroke \_\_\_

Heart Disease \_\_\_ Do you currently exercise yes/no # of days per week \_\_\_\_\_

pregnant yes / no ( Kangoo exercise is not permitted while pregnant)

Are you on any medications or have Allergies \_\_\_\_\_

**Problems with: CHECK IF YES**

Knee(s)\_\_\_

Lower back,\_\_\_ neck or shoulders \_\_\_ Hips / Pelvis\_\_\_

Have you had any surgery? yes (explain below ) No

:If Yes, \_\_\_\_\_

**DISCLAIMER**

Kangoo Club Spruce Grove Inc AND ALL ITS AFFILIATES, OFFICERS, DIRECTORS, SHAREHOLDERS, EMPLOYEES, COACHES, INSTRUCTORS, VOLUNTEERS, PRINCIPALS, AGENTS, INDEPENDENT CONTRACTORS, CONTRACTORS, SERVANTS, REPRESENTATIVES AND THE LANDLORD/OWNER OF THE BUILDING ARE NOT RESPONSIBLE FOR ANY DEATH, LOSS OR DAMAGE OF ANY KIND, SUFFERED BY ANY PERSON WHILE UTILIZING THE FACILITIES/EQUIPMENT & CLASSES & REMORE CLASSES (INCLUDING ALL PROGRAMS OFFERED IN THE STUDIO OR AT A REMOTE LOCATION OR PARTICIPATING IN FITNESS PROGRAMS\* AT THE KANGOO CLUB SPRUCE GROVE INC. CAUSED IN ANY MANNER WHATSOEVER, INCLUDING, BUT NOT LIMITED TO, THE NEGLIGENCE OF KANGOO CLUB SPRUCE GROVE INC & ITS AFFILIATES."In this agreement "fitness program(s)" shall include all activities, programs, events, classes and services provided, sponsored or organized by KANGOO CLUB SPRUCE GROVE INC, including, but not limited to: yoga, dance, Kangoo jumps,weight training, Dryland training, parties & team building or any lessons/classes, exercise/fitness classes and all other such activities.

**DESCRIPTION OF RISKS:**

In consideration of Kangoo Club Spruce Grove Inc. allowing me to use the Kangoo Club Spruce Grove Inc studios, classes, equipment, I hereby acknowledge that I am aware of the significant risks associated with the participation in fitness programs, my use of the fitness equipment and facilities, the sport of Kangoo Jumps & any function hosted by Kangoo club Spruce Grove Inc . INCLUDING THE RISK OF INJURY TO MYSELF OR OTHERS). These risks include, but are not limited to:

- All injuries, including but not limited to: bruises, scrapes, cuts, sprains, dislocations, broken bones, and head, facial or dental injuries which might result from falling and hitting the floor, any other temporary or permanent fixture, or other jumpers.
- Injuries resulting from failure of kangoo jumps , or its hardware.
- . including injuries to the joints , muscles and bones
- Injury or death due to negligence on the part of myself, my instructor, or other people around me.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**WAIVER OF LIABILITY:**

A. IN CONSIDERATION OF THE NOTED RISKS AND HAZARDS AND IN CONSIDERATION OF THE FACT THAT I AM VOLUNTARILY PARTICIPATING IN ROCK & OM'S FITNESS PROGRAMS, I HEREBY RELEASE Kangoo Club Spruce Grove Inc, FROM ANY AND ALL LIABILITY, CLAIMS, DEMANDS, ACTIONS OR RIGHTS OF ACTION, WHICH ARE RELATED TO, ARISE OUT OF, OR ARE IN ANY WAY CONNECTED WITH MY PARTICIPATION IN ANY ACTIVITY WITH KANGOO CLUB SPRUCE GROVE INC INCLUDING LIABILITY ALLEGEDLY ATTRIBUTED TO THE NEGLIGENT ACTS OR OMISSIONS OF KANGOO CLUB SPRUCE GROVE INC

B. I AGREE THAT KANGOO CLUB SPRUCE GROVE INC IS NOT RESPONSIBLE IN THE EVENT OF LOSS, DAMAGE, UNAUTHORIZED USE, THEFT, OR INJURY RESULTING FROM AND TO ANY PERSONAL PROPERTY THAT I BRING ONTO THE PREMISES.

C. IF ANY PORTION OF THIS AGREEMENT IS HELD INVALID, I AGREE THAT THE REMAINDER OF THE AGREEMENT SHALL REMAIN IN FULL LEGAL FORCE AND EFFECT.

D. IF I AM SIGNING ON BEHALF OF A MINOR CHILD, I ALSO GIVE FULL PERMISSION FOR ANY PERSON CONNECTED WITH KANGOO CLUB SPRUCE GROVE INC TO ADMINISTER MINOR FIRST AID ,AND GIVE KANGOO CLUB SPRUCE GROVE INC PERMISSION TO: CALL FOR MEDICAL AND/OR SURGICAL CARE, TO TRANSPORT THE CHILD TO A MEDICAL FACILITY.

**Media/ picture**

I understand that I may be in pictures or video that are shared on social media or in advertisements, I consent that my picture may be used in these mediums by Kangoo Club Spruce Grove Inc .int\_\_\_\_\_

**ACKNOWLEDGMENT:**

I acknowledge that I have read and understood this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon me, my heirs, executors, successors, administrators, assigns, transferees and representatives.

**Signed this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_ at \_\_\_\_\_ ALBERTA**

\_\_\_\_\_ **Signature of Participant/OR legal guardian**

\_\_\_\_\_ **Signature of Witness ( Kangoo Club Spruce Grove instructor)**

\_\_\_\_\_ **Printed name of Witness**

**SECTION B** - Participants under 18 years of age MUST have a parent or legal guardian read Section A to the minor and complete this section.

I, being the **parent/legal guardian** of \_\_\_\_\_ hereby agree to the following:

1) I clearly understand that by signing this INDEMNITY and RELEASE I are agreeing to indemnify, release and/or totally compensate Kangoo Club Spruce Grove Inc. from and against all actions, lawsuits, damages, claims, demands, or financial or other loss arising from items which may arise as a result of the minor participating in fitness programs or events at or with Kangoo Club Spruce Grove Inc, including, but not limited to, use of the Kangoo jumps and all equipment.

2) I hereby acknowledge and agree that while the minor is participating in fitness programs or events and utilizing the related equipment and/or facilities or outside the Facility with Kangoo Club Spruce Grove Inc they are susceptible to the inherent risks that are listed in Section A, and that I have read Section A to the minor, initialled, and completed the entire Section A on behalf of the minor.

By signing you are agreeing to completely indemnify and compensate Kangoo Club Spruce Grove Inc and all associated persons for any loss, financial or otherwise, that may occur as a result of any action brought by the named minor.

**Media/ picture**

I understand that my child may be in pictures or video that are shared on social media or in advertisements, I consent that my picture may be used in these mediums by Kangoo Club Spruce Grove Inc .

\_\_\_\_\_ **Signature of Parent or Legal Guardian**    **Date**\_\_\_\_\_

